



How parents can help

<http://www.nagcbritain.org.uk/parents.php>

How you as parents can support your More Able and Talented child

You can support your child to:

- Utilise the local library and the internet to learn and research
- Visit museums, science centres, nature reserves and art galleries
- Watch educational and current affairs programmes such as the news, wildlife/nature programmes and documentaries, and discuss them
- Read a quality national newspaper
- Discuss and debate topics, such as politics, the environment and the media
- Discuss homework and schoolwork
- Take part in extra-curricular activities
- Take an active part in family decision-making
- Listen to different types of music
- Read for pleasure, including demanding/challenging books
- Take regular physical exercise
- Socialise and relax in between work and learn to 'switch off'

You can also support your child by:

Providing suitable learning resources such as:

- Books
- Encyclopaedias
- Magazines
- Computer software etc
- Organising day trips and visits to places of cultural, historical and educational interest
- Building cultural experiences, trips and excursions into family holidays

