

Good resources from this website:

<https://www.therapistaid.com/tools/none/adolescents>

The screenshot displays the Therapist Aid website interface. At the top, the navigation bar includes the logo and menu items: Worksheets, Interactive Tools, Guides, Videos, Articles, and Search. On the left, there are two filter panels. The 'Filter by Demographic' panel has 'Adolescents' selected. The 'Filter by Topic' panel lists various topics such as Anger, Anxiety, Art, CBT, Communication, DBT, Depression, Education, Emotions, Goals, Grief, Parenting and Behavior, and Positive Psychology. The main content area is titled 'Therapy tools related to all subjects for Adolescents' and prompts the user to 'Select a content type to begin browsing.' It features six content type cards: Worksheets (185), Interactive Tools (14), Guides (20), Videos (10), Articles (9), and Products (22).

Content Type	Count
Worksheets	185
Interactive Tools	14
Guides	20
Videos	10
Articles	9
Products	22